#### **Bilateral cooperation**

The bilateral cooperation brings the opportunity of cooperation, connecting and sharing experiences and know-how with experts and entities from Iceland, Liechtenstein, Norway and Czechia.

Almost 50 % of the projects are implemented with partners from the donor countries.

Cross-border cooperation in the prevention of the breast cancer and in the patient empowerment and strengthening the role of the patient organisations

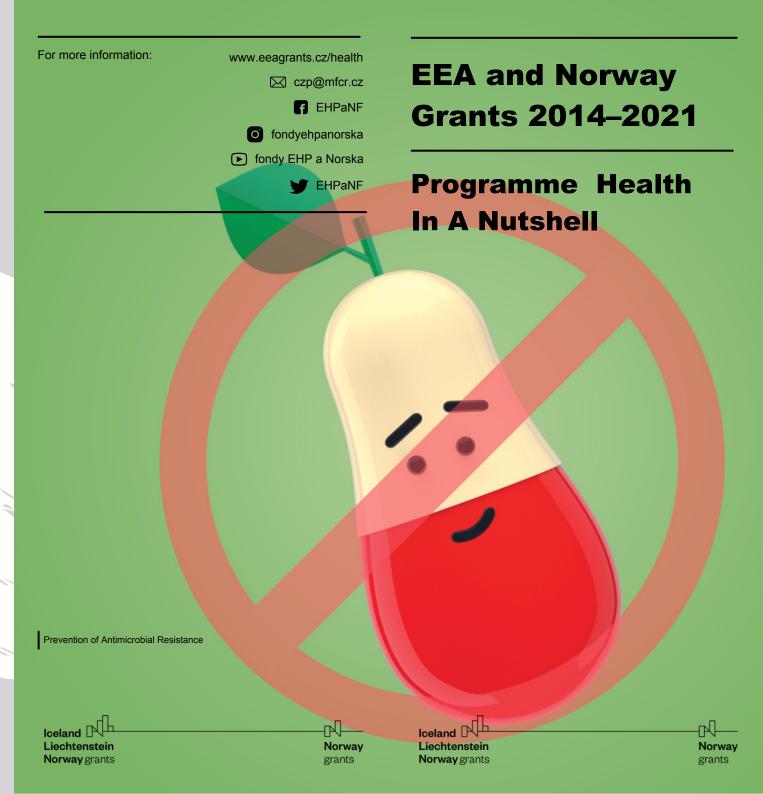




The Association of the Afflicted by Civilization Diseases on their visit to Norway to find a Norwegian project partner

The programme is operated by:

Ministry of Finance of the Czech Republic, Ministry of Health of the Czech Republic, Norwegian Institute of Public Health



# Opportunities in child mental health, disease prevention and patient empowerment

The Health Programme supports over 40 projects in the period 2014–2021 with 15,3 million EUR. The projects will be implemented by April 2024. The programme aims to improve prevention and reduce inequality in health.

The chosen projects focus on three target areas: prevention of mental disorders in children, prevention of communicable and non-communicable diseases and patient empowerment and strengthening the role of patient organisations.

#### Supported areas

## Support of the mental health and prevention of mental disorders in children

Projects were chosen in the open call (ZDOVA1) and in the small grant scheme (MGS1) and focus on the following types of activities:

- Improving parenting skills in order to prevent mental disorders in children:
- Implementing innovative or improved diagnostic procedures, treatment or rehabilitation methods and/or establishing multidisciplinary teams when providing care for children with mental disorders or at risk of mental disorders:
- Providing training and education to health professionals, parents, teachers and school psychologists working with mentally ill children;
- Promoting awareness of children's mental health among general and professional public.

The predefined project Positive Parenting Programme Czech Republic (Triple P) was implemented within this supported area.

### Prevention of communicable and non-communicable diseases

The projects are focused on implementing measures decreasing the prevalence of communicable and non-communicable diseases of (primarily Roma) population living in socially excluded localities.

The supported projects also focus on diagnosing and early detection of dementia. Furthermore, within the predefined project, activities related to stopping the increasing antibiotic use were supported.

Under this area, the predefined project Prevention of Antimicrobial Resistance (PDP2) was approved. The open call was launched (ZDOVA2), as well as the small grant scheme (MGS2).

Pregnancy without psychosocial stress - the earliest prevention of mental disorders and toxic stress in children



Practical training and procedures for managing crisis situations in care of children and adolescents with mental disorders in Bohnice psychiatric hospital



Saste Roma - Improving Health in Excluded Localities



## Patient empowerment and strengthening the role of patient organisations

The projects supported in the small grant scheme (MGS3) focus on patient empowerment and strengthening capacities of patient organisations to reinforce their role as equal partners in the healthcare environment.

The predefined project Patient HUB (PDP3) is also implemented. Within this project, the hub was created, both physical space and a web portal for patient organisations, which will serve to implement the educational activities and share the know-how.

